# YOUR TRAVEL COUNTDOWN

YOUR JOURNEY, THOUGHTFULLY PREPARED

Your final countdown starts here. Use this practical checklist to prepare, organize, and double-check the details before you leave.

## HOW TO USE THIS CHECKLIST

Save a copy to your device or print it. Check items off as you complete them, and adjust the checklist for your destination, transportation, trip length, and personal needs.

**PEARL HORIZONS TRAVEL TIP**

*Pearl Horizons Travel Tip: Keep this checklist somewhere easy to access and revisit it as departure approaches. Checking things off a little at a time can make the final days much less stressful.*

## 30 DAYS BEFORE DEPARTURE

Start early so there is time to solve problems before they become last-minute emergencies.

- [ ] Check travel documents — Confirm passports, IDs, visas, entry requirements, and expiration dates for every traveler.
- [ ] Review itinerary — Confirm flights, cruises, hotels, transportation, excursions, and other reservations.
- [ ] Check travel insurance — Review coverage and save policy and assistance information where you can access it.
- [ ] Review health needs — Check prescription supplies, refill timing, medical supplies, vaccinations, and destination-specific preparations, if needed.
- [ ] Review finances — Check payment cards, foreign transaction fees, ATM access, travel notifications, and backup payment plans.
- [ ] Review baggage requirements — Check current baggage allowances, size and weight limits, and fees with your provider.
- [ ] Check technology — Prepare your phone, travel apps, chargers, adapters, and essential electronics.
- [ ] Begin a packing plan — Check weather, activities, dress requirements, and special items needed at your destination.
- [ ] Save important information — Organize digital copies of documents, confirmations, emergency contacts, and trip information.

**PEARL HORIZONS TRAVEL TIP**

*Pearl Horizons Travel Tip: Thirty days out is the time to identify problems—not discover them at the airport. Renewals, replacements, corrections, and special arrangements are easier to handle early.*

## 14–21 DAYS BEFORE DEPARTURE

Move from planning to preparation so the important details are ready before your final week.

- [ ] Review itinerary again — Confirm dates, times, locations, reservation numbers, and transportation details; look for updates.
- [ ] Check travel documents — Make sure passports, IDs, visas, entry forms, and other required documents are complete and accessible.
- [ ] Organize documents — Save digital copies of confirmations, travel documents, insurance information, and emergency contacts for offline access.
- [ ] Confirm health and medication needs — Recheck prescriptions, medical equipment, over-the-counter essentials, and destination-specific preparations.
- [ ] Review transportation — Confirm airport transfers, rental cars, cruise transportation, trains, shuttles, and other arrangements.
- [ ] Review activities and excursions — Confirm meeting points, times, dress requirements, transportation, and what to bring.
- [ ] Gather travel essentials — Set aside luggage, packing supplies, adapters, chargers, organizers, and other essentials.
- [ ] Check luggage — Inspect suitcases, carry-ons, personal items, and special equipment; confirm size and weight requirements.
- [ ] Review financial plan — Make sure primary and backup payment methods are ready and you know how to access cash if needed.

**PEARL HORIZONS TRAVEL TIP**

*Pearl Horizons Travel Tip: Create a “travel staging area” at home. Keep gathered items together so you can see what is ready, missing, or still needs attention.*

*Travel well. Prepare confidently. Enjoy the journey.*

# THE FINAL WEEK

YOUR JOURNEY, THOUGHTFULLY PREPARED

Your trip is getting close. Confirm the details, finish important tasks, and start preparing for departure.

## 7 DAYS BEFORE DEPARTURE

Most major planning should be complete. Now confirm what you have, finish what remains, and prepare for changes.

- [ ] Check itinerary and updates — Review flights, cruise, hotel, transportation, excursions, and reservations for changes.
- [ ] Check in with your provider — Review the current check-in process and requirements for your trip.
- [ ] Review travel documents — Confirm passports, IDs, visas, entry requirements, tickets, confirmations, and essentials.
- [ ] Download information for offline access — Save boarding passes, reservations, maps, directions, transport details, and emergency contacts.
- [ ] Confirm medications and health essentials — Prepare prescriptions, medical supplies, first-aid items, and health necessities.
- [ ] Review packing list — Check weather, planned activities, dress requirements, and special items.
- [ ] Check luggage — Confirm allowances, weight, dimensions, tags, and special-item requirements; weigh bags at home if possible.
- [ ] Finish financial preparations — Confirm payment cards, backup payment method, cash access, bank information, and emergency financial contacts.
- [ ] Prepare electronics — Charge devices; check chargers, adapters, power banks, spare batteries, and essential apps.
- [ ] Review home and pet plans — Confirm pet care, mail, plants, medications, security, transportation, and household arrangements.

**PEARL HORIZONS TRAVEL TIP**

*Pearl Horizons Travel Tip: Move from “I still need to figure this out” to “I know where this is and it's ready to go.” Fewer last-minute decisions make departure easier.*

## 3 DAYS BEFORE DEPARTURE

Shift from planning to final preparation. Make sure the things you depend on are ready, accessible, and accounted for.

- [ ] Review itinerary — Confirm departure times, locations, transportation, reservations, and recent updates.
- [ ] Check in if available — Complete airline or transportation check-in when permitted and save your boarding pass or credential.
- [ ] Confirm transportation — Recheck your ride, airport transfer, parking, shuttle, or other transportation plan.
- [ ] Gather medications and health essentials — Keep prescriptions, medical supplies, first-aid items, and personal health necessities accessible.
- [ ] Begin or finish packing — Pack clothing and non-essential items while keeping items still needed at home accessible.
- [ ] Check bags — Confirm weight, size, tags, identification, and that restricted or prohibited items are not packed.
- [ ] Charge electronics — Charge devices and power banks; pack correct cables and adapters and save important information offline.
- [ ] Review financial backup plan — Confirm payment methods, cash access, and financial institution emergency contacts.
- [ ] Secure important documents — Keep passports, IDs, visas, insurance, reservations, and other essentials together and accessible.
- [ ] Handle home responsibilities — Finish errands, prescriptions, pet care, mail, plants, security, and other remaining tasks.

**PEARL HORIZONS TRAVEL TIP**

*Pearl Horizons Travel Tip: Aim to have your carry-on or personal item essentially ready. Keep ID, medications, money, electronics, documents, and essentials together.*

*Travel well. Prepare confidently. Enjoy the journey.*

# THE DAY BEFORE

YOUR JOURNEY, THOUGHTFULLY PREPARED

The big preparations should be done. Confirm the essentials and set yourself up for a smooth departure.

## 24 HOURS BEFORE DEPARTURE

The day before your trip is for final checks—not creating a long list of new tasks.

- [ ] Check flight or transportation status — Review departure time, terminal or location, delays, cancellations, and schedule changes.
- [ ] Confirm departure transportation — Recheck your ride, airport transfer, parking, shuttle, or other arrangements.
- [ ] Confirm reservations — Make sure hotel, cruise, rental car, excursions, and time-sensitive arrangements are accessible.
- [ ] Review travel documents — Confirm passport or ID, visas or entry documents, boarding pass, reservations, insurance, and essentials.
- [ ] Confirm carry-on essentials — Keep ID, medications, payment cards, documents, electronics, chargers, valuables, and transit essentials with you.
- [ ] Check luggage — Confirm bags meet size and weight limits and have tags or identifying information.
- [ ] Charge devices — Charge your phone and essential electronics; pack power banks and chargers appropriately.
- [ ] Review financial backup plan — Keep primary and backup payment methods accessible and financial institution contact details available.
- [ ] Check the weather — Review conditions at departure and destination and make final clothing or travel adjustments.
- [ ] Set alarms and departure time — Allow for transportation, parking, airport or terminal procedures, security, traffic, and delays.
- [ ] Finish home preparations — Complete pet and household arrangements, secure your home, handle perishables, and finish remaining tasks.

**PEARL HORIZONS TRAVEL TIP**

*Pearl Horizons Travel Tip: Once your final checks are complete, stop adding unnecessary tasks. Rest, get a good night's sleep, and start your journey prepared rather than exhausted.*

*Travel well. Prepare confidently. Enjoy the journey.*

# DEPARTURE DAY

YOUR JOURNEY, THOUGHTFULLY PREPARED

Today is the day! Follow your plan, keep essentials accessible, and give yourself enough time to handle the unexpected.

## BEFORE YOU LEAVE HOME

Complete one final check of the things you cannot afford to leave behind.

- [ ] Passport or required ID is with you.
- [ ] Boarding pass or travel credential is accessible.
- [ ] Payment cards and emergency funds are with you.
- [ ] Medications and essential health items are in your carry-on or personal item.
- [ ] Phone and essential electronics are charged.
- [ ] Chargers, adapters, and critical electronics are packed.
- [ ] Travel documents and important confirmations are accessible.
- [ ] Home, pet, and household arrangements are complete.
- [ ] Doors, windows, appliances, and other important home items have been checked.
- [ ] You have your luggage and personal items.

## ON THE WAY TO THE AIRPORT, PORT OR DEPARTURE POINT

- [ ] Confirm you are traveling to the correct location and terminal.
- [ ] Allow extra time for traffic, parking, transportation delays, and unexpected situations.
- [ ] Keep ID, phone, wallet, medications, and other essentials easily accessible.
- [ ] Check official travel updates if your departure is delayed or changed.
- [ ] Do not place essential documents or medications in checked baggage.

## AT THE AIRPORT OR DEPARTURE POINT

- [ ] Follow the appropriate check-in process.
- [ ] Check baggage if required.
- [ ] Keep your baggage receipt or tracking information.
- [ ] Complete security procedures.
- [ ] Confirm your gate, terminal, departure area, or boarding location.
- [ ] Pay attention to official announcements and travel notifications.
- [ ] Allow time for the restroom, food, water, and personal needs before boarding.

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# DEPARTURE DAY — CONTINUED

YOUR JOURNEY, THOUGHTFULLY PREPARED

Continue checking off items as you complete them.

## IF YOU'RE CRUISING

- [ ] Confirm your terminal and arrival time.
- [ ] Keep required identification and boarding documents accessible.
- [ ] Follow the cruise line's check-in and boarding instructions.
- [ ] Keep medications, valuables, and essentials with you rather than in checked luggage.
- [ ] Pay attention to embarkation instructions and announcements.

**PEARL HORIZONS TRAVEL TIP**

*Pearl Horizons Travel Tip: Travel day doesn't have to be rushed to be successful. Extra time and accessible essentials give you more options when something unexpected happens.*

*Travel well. Prepare confidently. Enjoy the journey.*

# THE FINAL DOOR CHECK

YOUR JOURNEY, THOUGHTFULLY PREPARED

One last look. One last check. Then it's time to go.

## THE ESSENTIALS

Check the things that would be difficult, expensive, or stressful to replace once you're away.

- [ ] Passport or required identification.
- [ ] Boarding pass or required travel credential.
- [ ] Payment cards and backup payment method.
- [ ] Cash or local currency, if needed.
- [ ] Prescription medications and essential health items.
- [ ] Phone.
- [ ] Chargers, adapters, and essential electronics.
- [ ] Keys.
- [ ] Important travel documents and confirmations.

## THE HOUSE

- [ ] Doors and windows secured.
- [ ] Appliances and anything that should be turned off checked.
- [ ] Lights, thermostat, and security system set as appropriate.
- [ ] Mail and package arrangements handled.
- [ ] Pets, plants, and household care arrangements confirmed.
- [ ] Trash and perishables taken care of.

## THE DEPARTURE

- [ ] Transportation is confirmed.
- [ ] Departure location and terminal are correct.
- [ ] You know when you need to leave.
- [ ] Enough time allowed for traffic, parking, security, check-in, or boarding.

## THE FINAL DIGITAL CHECK

- [ ] Phone is charged.
- [ ] Important travel apps are accessible.
- [ ] Boarding passes and confirmations are available.
- [ ] Maps and important information are available offline.
- [ ] Emergency contacts are accessible.

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# THE FINAL DOOR CHECK — CONTINUED

YOUR JOURNEY, THOUGHTFULLY PREPARED

Continue checking off items as you complete them.

## BEFORE YOU GO

Take a breath. Look around. Ask yourself:

- [ ] Do I have what I need?
- [ ] Do I know where I'm going?
- [ ] Do I know how I'm getting there?
- [ ] Do I have access to my money and important documents?
- [ ] Have I taken care of what needs to be handled at home?

**PEARL HORIZONS TRAVEL TIP**

*If the answer is yes, it's time to go. Pearl Horizons Travel Tip: You don't have to remember everything from memory. Trust the preparation you've done, and give yourself permission to enjoy the beginning of your journey.*

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